

PE – Health Writing Ideas

Here are some generic writing assignments that may be able to be modified to fit your curriculum. Remember to always think of your curriculum first and make the assignment meaningful. Remember also that these writing assignments can/should be of various lengths. Some could be a couple sentences, some paragraph length and even some full papers. Think about having students write a(n):

1. Reaction to a lesson or video
2. Summary of a lesson or video
3. Comparison/contrast between two subjects/activities
4. Answer to an essay question on a test
5. Definition(s) of a key term or set of terms
6. Activity analysis
7. Learning log
8. Paragraph/paper discussing a career in the field
9. Report on a health problem/sports related injury
10. Evaluation of their progress in learning material/completing assignment/participating in an activity
11. Letter to the editor
12. News article about a current event in sports, health, etc...
13. Children's book teaching a concept
14. Cause-effect paragraph/paper about a health concept
15. Poem about a critical concept in health/sports/etc...
16. Character profile of a famous or little known athlete/??
17. Questions that they have about a lesson or critical concept
18. Reaction paper to a weight training technique
19. Analysis of their diet/activity level documented over a week
20. Directions to a game or process (CPR?)
21. Health article summary
22. Discussion of careers available in this field of study
23. Persuasive paragraph discussing the importance of a well developed health/exercise program within a district
24. Informative paragraph discussing the value of exercise/healthy living
25. Questions that they have about a lesson or critical concept